



**SUNRISE  
SWIMMING**

## **SUNRISE SWIMMING OPEN INVITE**

**September 23 & 24, 2017**

**Sunrise Civic Center Pool**

**10610 W. Oakland Park Blvd.**

**Sunrise, Fl. 33351**

**Sanctioned by:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. **Sanction No. FGI092317SUN-B-23**

In granting this approval it is understood and agreed that USA Swimming, Florida Gold Coast Swimming, Inc., the City of Sunrise, Sunrise Swimming and Sunrise Swimming Booster Club shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.

**Conditions of**

**Sanction:**

The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start is at least 4'6" in accordance with 202.3.7 (C).

**Hosted by:**

The City of Sunrise, Sunrise Swimming, Sunrise Swimming Booster Club.

**Location:**

**Sunrise Civic Center**  
**10610 West Oakland Park Blvd.**  
**Sunrise, FL. 33351**

**Directions:**

From the east, take Oakland Park Blvd. to just west of Nob Hill Rd. Turn left after Safety Complex. From the south, take Nob Hill north to Oakland Park Blvd. Turn left on Oakland Park, and left again after the Safety Complex

**Date & Time:**

**SEPTEMBER 23, 2017**

**Session 1**-Timed Finals - Warm-up 8:00am. Meet starts at 9:00am

**Session 2**- Begins 10 minutes after session 1 is finished. Warm up and warm down pool is available during session 1.

**SEPTEMBER 24, 2017**

**Session 3** - Timed Finals - Warm-up 8:00am. Meet starts at 9:00am

**Session 4** - Begins 10 minutes after session 3 is finished. Warm up and warm down pool is available during session 3.

**Pool/Timing:**

Competition is in the Sunrise Civic Center Pool 50 meters x 25 yards heated outdoor pool. 8 short-course racing lanes will be used. Separate warm-up and warm down lanes will be available. Daktronics Timing System® will be used.

**Rules:**

2017 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect. All sessions are timed finals for all swimmers.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

**Deck Changing:**

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

**Camera Free:**

The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

**Image Authorization:**

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

**Eligibility:**

Open to all current 2017 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming.

The Meet Host **Will Not** be accepting new or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

There are no Qualifying Times. (**Meet Entry limit is 400 swimmers and/or to comply with the 4-hour rule.**)

**Disability Athletes:**

All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations – [coachchristiw@aol.com](mailto:coachchristiw@aol.com)  
Christi Wathen (954) 747-4635

**Entry Deadline:**

All entries must be received by **Wednesday, September 13, 2017 @ 6pm EST. Meet Entry limit is 400 swimmers and/or to comply with the 4-hour rule.**

**Entry Limit/Procedure:**

**Three events per session.** The 400 IM, 500 free and 1650 free are positive check in events. Deadline for positive check-in is 10am. These events will be seeded fastest to slowest, and alternating girls and boys. They will be swum as open, but scored separately. 1650 swimmers must provide their own timers and counters.

PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only!!) E-mail to [mail to:coachchristiw@aol.com](mailto:mail to:coachchristiw@aol.com)

Corrupted, unreadable or incorrectly formatted files must be corrected within 24 hours of entry deadline. Errors in entries submitted electronically are the

responsibility of the applicant. Electronic mail confirmation will be sent within 48 hours after receipt of file.

Confirmation for electronic entries will be sent via e-mail.

\*\*Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at (954) 747-4635

**NOTE: Swimmers without registration numbers or birth dates will not be entered. \*\*\* Entry Fees will be Double if not entered electronically.**

**Deck Entries:**

THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. **COACHES ONLY, PLEASE.** Deadline for deck entries is 30 min. before start of meet. Policy can be seen at [www.fgcswim.org](http://www.fgcswim.org). All deck entered swimmers must be current USA Swimming members in order to be entered.

Fees are **DOUBLE** the entry fee:

\$7 per individual event,

\$10 swimmer surcharge (if not already in the meet)

*Cash only for deck seeds.*

**Entry Fees:**

\$ 3.50 per individual event

\$ 5.00 per swimmer

**\*Entry fees are made payable to “Sunrise Swimming Booster Club” (note: one check per team)**

**Refunds:**

Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

**Seeding:**

Eligible entries shall be seeded **Short Course yards only**

**Awards:**

All events will be seeded as open, but scored separately.

1st thru 3<sup>rd</sup> place medals 4<sup>th</sup> thru 8th place ribbons will be awarded for the following age groups: 10&under, 11-12, 13&over

**Head Referee:**

Harold Avellaneda

**Admin. Referee:**

Amy Trodick

**Meet Marshall:**

City of Sunrise Lifeguard Staff

**Meet Director:**

Christi Wathen – [coachchristiw@aol.com](mailto:coachchristiw@aol.com) – (954) 747-4635

**Assistant**

**Meet Director:**

Alec Wathen (954) 747-4635

**Meet Committee:**

A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

**Admission:**

Admission - \$ 3.00 per session.

Heat Sheets - \$ 3.00 per session.

**Information:**

Call the Sunrise Swimming office (954) 747-4635.

## Saturday, September 23, 2017

### Session 1

Warm-up: 8:00am Start: 9:00 am

| EVENT # | EVENT           |
|---------|-----------------|
| 1&2     | OPEN 200 IM     |
| 3&4     | OPEN 100 FLY    |
| 5&6     | OPEN 50 BACK    |
| 7&8     | OPEN 200 BACK   |
| 9&10    | OPEN 100 BREAST |
| 11&12   | OPEN 50 FREE    |
| 13&14   | OPEN 100 IM     |

### SESSION 2 (BEGINS 10 MINUTES AFTER END OF SESSION 1)

|       |          |
|-------|----------|
| 15&16 | 400 IM   |
| 17&18 | 500 FREE |

## Sunday, September 24, 2017

### Session 2

Warm-up: 8:00am Start: 9:00 am

| EVENT# | EVENT           |
|--------|-----------------|
| 19&20  | OPEN 200 FREE   |
| 21&22  | OPEN 50 FLY     |
| 23&24  | OPEN 200 FLY    |
| 25&26  | OPEN 100 BACK   |
| 27&28  | OPEN 50 BREAST  |
| 29&30  | OPEN 200 BREAST |
| 31&32  | OPEN 100 FREE   |

### SESSION 4 (BEGINS 10 MINUTES AFTER END OF SESSION 2)

|       |           |
|-------|-----------|
| 33&34 | 1650 FREE |
|-------|-----------|

*\*Meet director, with approval from the Age Group Chairman, reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines.*